

District Health and Wellness Committee

With the purposes of monitoring the implementation of the district's policy, evaluating policy progress, serving as a resource to school sites, and revising the policy as necessary, a districtwide Health and Wellness Committee shall be established. The committee will meet a minimum of four times annually. Committee membership shall consist of, but not be limited to:

- School Administrators
- Food Service Director
- Dietitian
- Staff members
- Parents/Guardians
- Students
- Board of Education member(s)
- Physical and Health Education Teachers
- Health Care Professionals
- Community members

At the district level, the Board designates the Assistant Superintendent for Instruction with the operational responsibility for ensuring that each school meets the requirements of the district wellness policy.

In addition, the principal of each school, or his/her designee, shall be responsible for the implementation and evaluation of the effectiveness of this wellness policy.

Program Evaluation

At the district level the following procedure shall be used to evaluate the effectiveness of the wellness policy:

- A District Health and Wellness Committee shall be established for the purpose of monitoring the implementation of the district's wellness policy and its nutrition and physical activity components; evaluating policy progress, serving as a resource to school sites and for recommending revisions of the policy, through the Superintendent or his/her designee, as determined necessary.
- The committee will meet a minimum of four times yearly.
- The policy shall be reviewed as needed to determine if it is meeting current needs and is workable in promoting healthy eating and physical activity.

At the school level the implementation of the wellness policy will be evaluated as described below.

In order to evaluate the effectiveness of the school wellness program in promoting healthy eating and physical activity and implement program changes as necessary to increase the program's effectiveness, the building principal or his/her designee is responsible for ensuring:

1. Board policy and administrative regulation are implemented as written;
2. School staff and school nutrition and food services personnel have undertaken joint project planning and action;
3. Families and community organizations are involved in nutrition education as appropriate.